

We Need **Volunteers**

Time for You **Bolton** *carers support* **CARER SITTING SERVICE VOLUNTEER**

Our Carers spend every day supporting a loved one....

Can **YOU** offer a few hours support and the opportunity to have time for themselves?

Can **YOU** provide companionship, general assistance and a listening ear?

"JUST A FEW
HOURS OF YOUR
TIME CAN MAKE A
GREAT
DIFFERENCE"

"FEEL GOOD ABOUT
YOURSELF BY
MAKING SOMEONE
ELSE FEEL GOOD"

"COME SHARE THE
CARING, COME
SHARE YOUR
KINDNESS"



Often the most difficult part of volunteering is making the first move.

Just Do It—contact us today!

If you are interested in becoming a volunteer please call

Bolton Carers Support Time for You project:

Tel. 01204 363056 Email: info@boltoncarers.org.uk

Website: boltoncarers.org.uk

Bolton Carers Support, Thicketford Centre, Thicketford Road, Bolton BL2 2LW

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